

VOMK FRILLR THEBOSH PRETTY BORING MOMIST

ADS BY GLAM

« [NICKY & PARIS HILTON : SISTER FEUD?](#) | [MAIN](#) | [ARE BEN AFFLECK & JENNIFER GARNER TRYING AGAIN?](#) »



JULY 12, 2007

PAULA ABDUL GETS TIGHT!

GOSSIP



Paula Abdul Gets Tight!



Stars in
[Sizzling](#)
Claire D
[Loyal De](#)

Paula Abdul certainly seems to have a thing for younger men: Her current boyfriend, restaurateur J. T. Torregiani, is 32, and her two previous beaus, actor/martial artist Tony Schiena and model Dante Spencer were 31 and 30, respectively.

ADS BY GLAM

So how has the 45-year-old "American Idol" judge been keeping herself in shape for those hot young hunks? With the help of a high tech secret weapon!

A source reveals to Star, "Paula's been getting an allover body procedure called the Titan laser treatment, which tightens up and smoothes out sagging skin to give a more youthful appearance. She's been getting the procedure at the L.A. Laser Center, a chic cosmetic surgery clinic in the San Fernando Valley, and has had at least five

Titan treatments in the past. The last time she went in was several months ago – and the results were absolutely amazing!”

The Titan procedure uses an infrared optical light source that heats up the skin’s collagen, causing it to shrink and tighten. It allows patients to obtain a non-surgical face-lift or tummy tuck, with minimal pain and no downtime, for a fraction of the cost of plastic surgery. Prices per session range from \$1,250 for the face to \$1,500 for the stomach.

“Paula has had Titan treatments on her abdomen, thighs, neck and arms, as well as on her face,” the source tells Star. “Each of her treatments lasts about an hour and a half. These procedures don’t always work for everyone – but they make Paula glow!”

POSTED BY FABIEN MONTIQUE JULY 12, 2007



Search

RECENT ARTICLES

[BEWARE, DREW BARRYMORE, ZACK BRAFF IS A PLAYER! ARE BEN AFFLECK & JENNIFER GARNER TRYING AGAIN?](#)

[PAULA ABDUL GETS TIGHT! NICKY & PARIS HILTON : SISTER FEUD? IDOL KELLIE PICKLER HEADING FOR](#)

[COLLAPSE! NICOLE RICHIE'S BABY IN DANGER EVAN RACHEL WOOD TALKS ABOUT HER LOVE FOR MARILYN](#)

[MANSON VICTORIA BECKHAM DISHES ON THE CRUISES HILARY DUFF "SHOCKED" WHEN EX JOEL MADDEN](#)

[STARTED DATING NICOLE RICHIE TERI HATCHER TRIED TO STEAL EVA LONGORIA'S LIMELIGHT AT HER WEDDING](#)

Post a Comment

(If you haven't left a comment here before, you may need to be approved by the site owner before your comment will appear. Until then, it won't appear on the entry. Thanks for waiting.)

Name:

Email Address (not displayed):

URL:

Remember personal info?

Comments:

EMAIL THIS ENTRY TO A FRIEND

EMAIL ENTRY TO:

YOUR EMAIL ADDRESS:

MESSAGE (optional):

[terms & conditions](#) | [privacy policy](#) | [contact](#) | [Powered By Moveable Type](#) |

